



About us

Cobram Regional Care (formerly Ottrey Homes) is a stand-alone, not for profit, community-based organisation that has been providing professional, quality aged care services to the local community for over 40 years. We provide optimal choice for older people, irrespective of financial, religious, cultural or lifestyle background. We believe in responding to the changing needs of the community and actively encourage and support continuous improvement, innovation, and safe service delivery.

We offer a range of options depending on your needs:

- ❖ Home care services for the Support at Home and Commonwealth Home Support programs, as well as to Brokerage and Private clients requiring assistance.
- ❖ 101-bed fully accredited residential aged care facility
- ❖ Residential respite
- ❖ Independent living units

Cobram Regional Care has a philosophy of ‘person-centred’ care. This means that you or your loved one is at the centre of all that we do.

Support at Home Program

If you are funded under the Support at Home Program, Cobram Regional Care can provide you with all the support that you need to manage your care needs.

To access funding, you will be required to undergo a comprehensive assessment through My Aged Care to determine the help that you need and the level of services that may be best for you. If your funding is managed by another organisation you can request to have your Support at Home funding transferred to Cobram Regional Care. Cobram Regional Care do not charge set up fees.

The Australian Government Contribution

The Australian Government contributes a different amount for each level. **The table below outlines the funding amounts for each of the 8 ongoing service classifications.** These funding amounts include funding for care management. Funding amounts are indicative and are subject to indexation revisions.

Classification	Quarterly Budget	Annual Amount
1	\$2,683.01	\$10,732.04
2	\$4,008.91	\$16,035.64
3	\$5,491.67	\$21,966.70
4	\$7,424.07	\$29,696.28
5	\$9,924.40	\$39,697.61
6	\$12,028.44	\$48,113.74
7	\$14,536.88	\$58,147.50
8	\$19,526.51	\$78,106.04



Common Services

The costs will be deducted from your overall Support at Home funding budget. Prices for Common Services are hourly rates with a minimum service charge for each of 30 minutes between 7.30am and 5pm on weekdays and one (1) hour all other times.

Direct Care - Price for Common Services	Standard Hours	Non-Standard Hours	Saturday	Sunday	Public Holidays
Nursing Care					
Registered Nurse	\$160.00	\$189.50	\$189.50	\$218.50	\$256.00
Enrolled Nurse	\$140.00	\$169.50	\$169.50	\$217.50	\$248.50
Nursing Assistant	\$110.00	\$138.00	\$138.00	\$166.00	\$194.00
Personal Care	\$100.00	\$128.00	\$128.00	\$156.00	\$184.00
Respite	\$100.00	\$128.00	\$128.00	\$156.00	\$184.00
Domestic Assistance	\$95.00	N/a	N/a	N/a	N/a
Home Maintenance / Light Gardening	\$105.00	N/a	N/a	N/a	N/a

** Rates current as at 15 December 2025 and subject to change*

Contribution Arrangements

Under the Support at Home program, clients will only pay contributions on the services they receive. Any costs for delivery of care management services are included for care management. Clients will not make a co-contribution towards the cost of their clinical care, which includes care management.

Clients may be assessed by Government as needing to make a co-contribution for ‘independence’ or ‘everyday living’ services. For example, if a person receives two hours of personal care, they will pay a contribution per hour received. If they receive 5 meals, they will pay a contribution for each meal.

Actual contribution rates are determined by Services Australia through an assessment of the person’s income and assets. For full and part pensioners this will be based on information already provided for their pension assessment.



Government funded services

The table below is an extract of the Support at Home service list and outlines the government-funded services available to clients.

Category	Service Type	Services	Per Hour
Clinical Supports <i>Specialised services to maintain or regain functional and/or cognitive capabilities.</i>	Nursing care	Registered nurse	\$160
		Enrolled nurse	\$140
		Nursing assistant	\$110
	Allied health and other therapeutic services	Allied health therapy assistant	\$125
		Counsellor or Psychotherapist	\$225
		Dietitian or Nutritionist	\$200
		Exercise Physiologist	\$190
		Music Therapist	\$210
		Occupational Therapist	\$220
		Physiotherapist – Initial Visit - Clinic	\$215
		Physiotherapist – Subsequent Visit - Clinic	\$210
		Physiotherapist – Initial Visit - Home	\$245
		Physiotherapist – Subsequent Visit - Home	\$200
		Podiatrist – Home Visit	\$250
		Podiatrist – Clinic visit	\$200
		Psychologist	\$500
		Social worker	\$210
	Speech Pathologist	\$210	
Care Management	Care Management	\$120	
Restorative Care Management	Restorative care management	\$150	
Category	Service Type	Services	Per Hour
Everyday living <i>Support to assist older people to keep their home in a liveable state in order to enable them to stay independent in their homes</i>	Meals	Meal Preparation in the home	\$97
		Meal Delivery (per meal)	\$18
	Domestic assistance	❖ General house cleaning ❖ Laundry services ❖ Shopping assistance	\$95
	Home maintenance and repairs	❖ Light Gardening ❖ Assistance with home maintenance and repairs	\$105



Category	Service Type	Services	Per Hour	
Independence Support <i>Support delivered to older people to help them manage activities of daily living and the loss of skills required to live independently.</i>	Personal Care	<ul style="list-style-type: none"> ❖ Assistance with self-care and activities of daily living ❖ Assistance with the self-administration of medication ❖ Continence management (non-clinical) 	\$100	
	Social support and community engagement	<ul style="list-style-type: none"> ❖ Individual social support ❖ Accompanied activities ❖ Cultural support 	\$100	
		<ul style="list-style-type: none"> ❖ Group social support 	\$30	
	Therapeutic services for independent living	<ul style="list-style-type: none"> ❖ Acupuncturist ❖ Chiropractor ❖ Diversional therapist ❖ Remedial masseuse ❖ Art therapist ❖ Osteopath 	\$180	
	Respite	Flexible Respite	\$100	
		Direct Transport	Per Trip	
	Transport <i>(a trip is one way)</i>	(driver and car provided)	0 – 5 KM	\$29
		(driver and car provided)	6 - 10 KM	\$35
		(driver and car provided)	11 - 20 KM	\$46
		(driver and car provided)	21 - 30 KM	\$58
		(driver and car provided)	31 - 40 KM	\$93
		(driver and car provided)	41 - 50 KM	\$105
		(driver and car provided)	51 - 60 KM	\$140
		(driver and car provided)	61 - 70 KM	\$151
(driver and car provided)		71 - 80 KM	\$163	
(driver and car provided)		81 - 90 KM	\$230	
(driver and car provided)		91 - 100 KM	\$293	
(driver and car provided)		101 - 200 KM	\$468	
(driver and car provided)	201 - 300 KM	\$725		
(driver and car provided)	301 - 400 KM	\$935		



Care Management

Care management is an important service that includes care planning, coordinating care and services, and monitoring and reviewing your care needs to ensure that you deliver on the goals you identified in your Care Plan. Our Care Managers are qualified Nurses to ensure that clinical care is best managed to meet each person's individual care needs.

Private Clients

Cobram Regional Care also provide private services as a one off, short term or regular ongoing basis to customers who are not eligible to receive government subsidised services or would like to purchase additional services privately.

Our Contact Details

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